

# Lenten Kindness Calendar 2017

Are you up to the challenge? Do you think you can be kind for 40 days?  
 If you can complete all the activities on this calendar, please see me in my office on Easter, prizes will be awarded!  
 (If you don't like the activity I provided please write in the activity you did instead)

## March 2017

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|---|---|--|--|--|---|
|  |   |   | 1<br><b>Do something that makes somebody laugh today</b>                                       | 2<br><b>Make sure all the lights and televisions are off before you go out</b> | 3<br><b>Give at least 5 highfives today</b>  | 4<br><b>Write a letter to a soldier.</b><br><br>You can send it yourself or bring it to the RE office for me to send <a href="http://operationgratitude.com/writeletters">operationgratitude.com/writeletters</a> |
| 5<br><b>Compliment people you don't know</b>   | 6<br><b>Write a loving note to a parent or sibling and leave it somewhere for them to find</b>      | 7<br><b>Be positive all day long, only say nice things about yourself and others</b>  | 8<br><b>Clean a room in your house that isn't yours</b>  | 9<br><b>Hold the door open for others every opportunity you get</b>            | 10<br><b>Help prepare and set the table for dinner</b>   | 11<br><b>Write somebody a letter and send it by snail mail</b>  |
| 12<br><b>Start a piggy bank for something you'd like to donate to (it's okay if you don't know for what yet)</b> | 13<br><b>Write Thank You notes to your teachers (especially your art, gym, and music teachers!)</b> | 14<br><b>Play or talk to somebody new during recess today</b>                         | 15<br><b>Tell as many funny jokes as you can, to ask many people who will listen.</b>          | 16<br><b>Offer to help your teacher with something after school</b>            | 17<br><b>Give thanks by letter or treats, to public servants (police, firefighters, or EMTs)</b>       | 18<br><b>Help somebody today without them asking for it</b>   |
| 19<br><b>Say hello and smile at everybody you see today</b>  | 20<br><b>Make an art project using recycled goods (you can choose to then give it as a gift!)</b>   | 21<br><b>Make sure to say please and thank you, every time you can today</b>          | 22<br><b>Write a positive message on a post-it and leave it on a bathroom mirror in public</b> | 23<br><b>Invite somebody new over for a playdate</b>                           | 24<br><b>Walk or ride your bike to school instead of taking a car to reduce your carbon footprint!</b> | 25<br><b>Call a cousin or grandparent just to say I Love You</b>  |
| 26<br><b>Leave an inspiring note, on a piece of paper, in a library book you're going to return</b>              | 27<br><b>Tell somebody why you're proud of them</b>   | 28<br><b>Give your friends a hug (4 hugs a day can strengthen your immune system)</b> | 29<br><b>Allow your classmates to go ahead of you or let somebody cut you in line today</b>    | 30<br><b>Read a story or teach a new skill to somebody</b>                     | 31<br><b>Plant some seeds (If you don't have any visit me in the RE office and I'll give you some)</b> |   |